

Tulane Psychiatry Residency Training Program

Department of Psychiatry and Neurology
Tulane University Health Sciences Center
New Orleans, Louisiana

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FROM THE CHAIRMAN

At Tulane, we believe the psychiatry residency program must be broad-based and flexible to prepare you for a future in an ever-changing field. Our program melds biological and psychological approaches, providing a solid foundation in all aspects of psychiatry with options to increase your knowledge in specialized areas. Whether electing a psychotherapeutic or biological emphasis, you will become thoroughly knowledgeable and versatile in your approach to mental health and mental illness.

As a resident at Tulane, you will be exposed to a wide variety of patients in many different settings. Our faculty will encourage you to ask difficult questions, learn to find answers by critical review of the literature and participate in and evaluate research.

DANIEL K. WINSTEAD, M.D., CHAIRMAN, DEPARTMENT OF PSYCHIATRY AND NEUROLOGY

FROM THE DIRECTOR

Tulane's psychiatry residency training program aims to prepare psychiatrists for successful careers in public, private and academic settings in the changing world of health care. We provide the knowledge and skills for the current and future practice of psychiatry.

As a trainee in Tulane's psychiatric program, you will participate in a balanced program of didactic material, patient care and research. We emphasize biologic, psychologic and social factors in the pursuit of optimal patient care, and explore multiple approaches to mental illness and treatment.

The department includes adult, child psychiatry and neurology sections, and integrates neuroscience with the various types of psychotherapy. Offerings range from psychopharmacology to psychodynamic theory and from existentialism to cross-cultural factors in mental health. In addition, combined training experiences are offered through our psychiatry-neurology and internal medicine-psychiatry residencies.

Our program is built on a strong curriculum that balances clinical experiences, supervision and formal course work. The inpatient curriculum includes the latest

diagnostic, nosologic and therapeutic concepts. The outpatient portion emphasizes individual supervision with solid theoretical grounding. Other structured experiences and electives are tailored to allow you to pursue your own unique training goals.

PATRICK T. O'NEILL, M.D., DIRECTOR, PSYCHIATRY RESIDENCY TRAINING PROGRAM

CLINICAL AND ACADEMIC SETTING

Tulane's psychiatry residency training program takes place in diverse facilities that provide broad experience in evaluation and treatment of a varied patient population.

DEPAUL-TULANE BEHAVIORAL HEALTH CENTER

The 13-acre DePaul-Tulane campus is one of the oldest psychiatric facilities in the South (established 1861) and is home to the most complete psychiatric continuum of care in the New Orleans area. DePaul-Tulane offers services for children, adolescents and adults in inpatient, outpatient, partial and residential settings. Inpatient services, which has 165 licensed beds, has a separate unit for children, for adolescents, for adult substance abuse and detox, for eating disorders and for adult crisis intervention and stabilization. ECT is also provided. Outpatient services provides assessments and referrals, individual, family and group therapy in five office locations around the New Orleans area.

Residents rotate on adult inpatient and partial hospitalization programs. Child and adolescent inpatient and outpatient rotations are at this site. The majority of the Postgraduate Year (PGY)-3 outpatient experience is at this campus.

TULANE UNIVERSITY MEDICAL CENTER

Patients, faculty, residents and students come from around the globe to Tulane University Medical Center in downtown New Orleans. The medical center includes the 300-bed Tulane University Hospital and Clinic, the School of Medicine, the School of Public Health and Tropical Medicine and the new J. Bennett Johnston Center for Bioenvironmental Research.

Tulane University Hospital and Clinic opened in 1976 to serve the private patients of faculty physicians, as well as provide medical education and applied research

opportunities. The DePaul-Tulane Behavioral Health Center was integrated into the medical center in 1997.

Tulane's School of Medicine, founded in 1834, is the fifteenth oldest in the United States. The school has over 450 full-time faculty members, 1,190 part-time faculty members, over 500 residents and a student enrollment of about 650.

Tulane University Medical Center is part of a larger downtown complex including the Medical Center of Louisiana, Louisiana State University Schools of Medicine and Nursing and the New Orleans Veterans Affairs Medical Center.

MEDICAL CENTER OF LOUISIANA

The Medical Center of Louisiana at New Orleans (formerly Charity Hospital) is one of the oldest municipal hospitals in the country and one of the busiest, with over 1 million outpatient and emergency room visits annually. This is one of the principal training sites for Tulane residents and medical students in all specialties, with psychiatry and neurology services provided throughout the hospital.

The Tulane psychiatry service oversees two wards of 20 beds each. In addition, the Crisis Intervention Unit handles the majority of psychiatric emergencies in the greater New Orleans area.

In the PGY-1 year, residents rotate through the two wards. Night call duty in the Crisis Intervention Unit is part of this rotation. PGY-2 residents do their emergency psychiatry training at this site. The Medical Center of Louisiana also serves as one of the sites in upper-level years for elective, Consultation-Liaison and Child Consultation-Liaison psychiatry rotations.

VETERANS AFFAIRS MEDICAL CENTER

Residents rotate in outpatient clinics, the drug and alcohol units, on the consultation-liaison service and in the Day Hospital program. A variety of clinical and research electives are available.

OTHER FACILITIES

Tulane's Department of Psychiatry and Neurology maintains training affiliations with other related facilities and programs, including the New Orleans Juvenile Court, Tulane University Student Health Service, prisons, schools, state mental health facilities and the DePaul-Tulane satellite clinic sites.

PSYCHIATRY RESIDENCY AT TULANE

Human behavior, neuroscience, psychodynamics and specific clinical syndromes are at the core of Tulane's psychiatry residency training program. Understanding the practice of modern psychiatry and utilizing a variety of approaches to physiologic, biochemical and psychologic treatment of the mentally ill are the focus of classes, seminars and clinical experiences throughout the residency. Applicants are accepted at either the Postgraduate Year (PGY) 1 or 2 level.

FIRST AND SECOND POSTGRADUATE YEARS

Categorical internship positions are based principally at the Medical Center of Louisiana, but also use other Tulane-affiliated institutions.

Training during PGY-1 and 2 covers recognition and description of psychopathology, interviewing techniques, psychopharmacology, personality development, theory and practical application of group techniques, psychiatric emergencies and use of community facilities.

The first year includes a six-month inpatient psychiatry rotation at the Medical Center of Louisiana. PGY-1 is rounded out by four months on either medicine or pediatrics and a two-month neurology rotation with a 1-month pediatric neurology option.

In addition to faculty supervision on the inpatient services and clinics, residents are assigned at least one additional supervisor for weekly review of cases.

PGY-2 includes DePaul-Tulane-based rotations on inpatient units for both adults and children for six months. The three-month child rotation also involves supervised outpatient evaluation and treatment of both children and adolescents. The PGY-2 year also includes full-time rotations in consultation-liaison psychiatry, substance abuse and emergency room psychiatry.

THIRD POSTGRADUATE YEAR

The PGY-3 year is comprised of full-time outpatient psychiatry at the DePaul-Tulane campus. Residents in their third year of training spend 12 months in this clinic under direct supervision of full-time faculty. The goal of this experience is to offer broad practical experience in the evaluation and treatment of a variety of disorders. Depending on the individual patient needs, some treatments are intensive and psychodynamically-based, while others are brief or applied in conjunction with psychopharmacologic agents.

In order to increase the resident's exposure to multiple patient populations and alternative clinical settings, PGY-3's rotate in three-month blocks to the Tulane University Student Health Clinic at the uptown campus, serving undergraduate and non-medical professional school students. PGY-3's also rotate at rural mental health centers, Veterans Affairs Medical Center outpatient clinics and other DePaul-Tulane campus-based clinics.

Course and seminar topics include disordered behavior (cause and patterns of inferior adaptation), principles of psychodynamic theory and practice, technical problems of therapy and basic principles of psychiatric consultation and practice in the general hospital.

FOURTH POSTGRADUATE YEAR

The PGY-4 year includes rotations in alternative treatment settings: day hospital, intensive outpatient treatment and partial hospital. All of these settings involve working within a multidisciplinary treatment team. The PGY-4 year also includes a nine-month elective block. This allows senior residents to focus on a particular area of interest such as research, chemical dependency or geriatric psychiatry, or to address areas of educational need.

PGY-4 residents also follow a smaller number of outpatients in a continuity clinic at the DePaul-Tulane campus.

Tulane's Department of Psychiatry and Neurology faculty is involved in diverse research projects and residents are encouraged to participate throughout their training.

The department offers an optional training program affiliated with the American Academy of Psychoanalysis, allowing interested residents to begin classes and casework during PGY-2, 3 and 4.

CHILD PSYCHIATRY RESIDENCY

Tulane's division of child psychiatry offers a two-year residency. The first year concentrates on pre-adolescent inpatient rotations and child and adolescent outpatient assessments and treatments. The second year provides clinical rotations on adolescent inpatient units, consultation to pediatric inpatient services and community mental health centers and child and adolescent outpatient assessments and treatments.

Seminars, lectures and case presentations add didactic material to the casework.

Residents are provided supervision for each clinical assignment as well as two hours per week of outpatient supervision.

Because postgraduate psychology and social work trainees are active in the outpatient clinic, residents receive a multi-disciplinary exposure to evaluation and treatment of children and adolescents. Upon completion of the two-year program, residents are eligible for board certification.

COMBINED PSYCHIATRY-NEUROLOGY RESIDENCY

This six-year integrated program prepares residents for board-eligibility in both psychiatry and neurology, and is designed for academically oriented physicians interested in the relationship between the two specialties. Applicants must be approved by both sections of the department. A detailed program curriculum is included in the insert section at the back of this catalog.

COMBINED INTERNAL MEDICINE-PSYCHIATRY RESIDENCY

Tulane's Departments of Medicine and Psychiatry administer this five-year program, which leads to board-eligibility in both specialties. The curriculum blends rotations on inpatient and outpatient psychiatry units with rotations on medicine wards, medicine subspecialty clinics, the emergency room and intensive care unit. Applicants must be approved by both departments. A detailed program curriculum is included in the insert section at the back of this catalog.

LIVING IN NEW ORLEANS

New Orleans is one of America's most livable and most interesting cities, a harmonious blend of the old and the new. New Orleans began as a French colony in 1731, and was ruled alternately by the French and Spanish until the United States' Louisiana Purchase in 1803.

The French Quarter is the site of the original settlement. The Quarter streets remain essentially as they were 250 years ago, and the city's charm is reflected in its architecture, language, cuisine and unique traditions.

From the French Quarter, the city spread to other areas, each with distinctive culture, architecture and attractions. The Garden District is a magnificent assemblage of ante-bellum and Victorian mansions. Other popular residential areas are the uptown university section (including Tulane's uptown campus, Newcomb College and Loyola University New Orleans), the rejuvenated Warehouse District close to the Mississippi River and along the shores of Lake Pontchartrain.

Cultural and recreational opportunities abound. Enthusiasts of boating, fishing, jogging, cycling and other outdoor activities appreciate the mild year-round climate. Cultural offerings include symphony, theatre, opera and the New Orleans Museum of Art. Audubon Zoo, the Aquarium of the Americas, Louisiana Children's Museum and City Park's Carousel Gardens and Storyland are among the city's top-notch family attractions.

New Orleans is also renowned for traditional jazz, performed in dozens of local clubs, and has produced many modern-day musical greats as well. Mardi Gras and the New Orleans Jazz and Heritage Festival are among numerous annual celebrations that attract visitors and locals alike. The city is also home to the New Orleans Saints football team, the Zephyrs baseball team and the Brass ice hockey team.

Southeast Louisiana's proximity to the Gulf of Mexico and its abundant bayous, lakes and rivers makes it a seafood lover's paradise. The city's world-famous cuisine, a unique blend of French, Spanish, Caribbean, African, Latin American and Southern U.S. influences, is served in restaurants ranging from elegant, old-line establishments to small, family-owned ethnic and neighborhood favorites.

New Orleans is an extremely affordable city. Income tax is low, and housing is reasonably priced. Abundant opportunities for free or inexpensive recreation and entertainment include beautiful urban parks, street musicians and artists and the city's many National Historic Register landmarks, streets and neighborhoods.

Besides New Orleans' many attractions, residents may take advantage of numerous Tulane University recreational programs and facilities. The Reily Student Recreation Center features an Olympic-sized indoor swimming pool, an outdoor pool, basketball, volleyball, racquetball, squash and badminton courts, an indoor jogging track, a 6,600-square foot weight room and locker rooms. Residents may participate in Tulane's intramural sports program; tickets to Tulane basketball and football games are available at discounted prices to members of the university community.

TO APPLY

Beginning in late summer of 2000, we will be accepting applications for PGY-1 positions through ERAS only.* Please contact your medical school for instructions on how to apply (international medical graduates should contact ECFMG).

*The *Psychiatry-Neurology combined* program will **not** be participating in ERAS; therefore, please apply to:

Christine Kastner
Neurology Coordinator
Tulane University School of Medicine
Dept. of Psychiatry & Neurology
1440 Canal Street, TB52
New Orleans, LA 70112-2715

Inquiries about our training programs may be directed to:

Patrick T. O'Neill, M.D.
Director of Psychiatry Residency Training
DePaul-Tulane Behavioral Health Center
1040 Calhoun Street
New Orleans, LA 70118

Phone: 504-894-7269

Fax: 504-894-7290

e-mail: choward@tulane.edu

Ms. Kate Howard, Recruitment Coordinator

PSYCHIATRY CURRICULUM

- PGY - 1 4 Months Medicine/Pediatrics
 2 Months Neurology
 6 Months Inpatient Psychiatry
- PGY - 2 3 Months Inpatient Psychiatry
 3 Months Consultation/Liaison
 1 Month Psychiatric Emergency Room
 3 Months Child Psychiatry
 2 Months Substance Abuse Treatment
- PGY - 3 12 Months Outpatient Psychiatry
- PGY - 4 3 Months Day Hospital
 9 Month Elective Track (Administrative, Research, Geriatrics, Eating
 Disorders, etc.)
 Continuity outpatient experience

INTERNAL MEDICINE-PSYCHIATRY PROGRAM

The combined internal medicine-psychiatry residency at Tulane is a five-year program designed to allow an integrated and cohesive learning experience in two very broad disciplines. This program has been designed to train competent internists and psychiatrists while allowing each resident the flexibility to individualize his or her training. Research electives in the PGY 2-5 years allow the resident to explore one or more areas of interest on the interface between medicine and psychiatry. Current residents' interests are varied and include geriatrics, cross-cultural medicine and psychiatry, pain disorders, somatization and consultation.

In an effort to integrate both conceptually and clinically the interplay of medicine and psychiatry, we have developed Med-Psych continuity clinics through both the Medical Center of Louisiana and the Veterans Affairs Medical Center. Residents will have one clinic a week, alternating between the two locations, allowing for the establishment of a practice of patients with both medical and psychiatric diagnoses. These clinics allow the resident to spend more time with each patient than conventional clinics, and feature supervision by both internal medicine and psychiatry staff.

The residency also features monthly Med-Psych conferences, which involve discussions of case presentations and articles from literature relevant to a wide-range of topics. Medical students and other residents are invited to discuss topics on the interface between medicine and psychiatry. Residents are also involved in lecturing third-year medical students while they are on their neurology and psychiatry rotations. The curriculum that follows gives residents flexibility to construct a varied, interesting and dynamic educational experience.

MEDICINE-PSYCHIATRY CURRICULUM

	PSYCHIATRY	MONTHS	MEDICINE	MONTHS
PGY - 1	Inpatient	4	Wards	4
			ER	1
			ICU	1
			Outpatient Clinics	2
PGY - 2	Inpatient Neurology	4 2	Wards	2
			ER	1
			Subspecialty	2
			Research	1
PGY - 3	Substance Abuse Consultation/Liaison Research	2 3 1	Wards	2
			ICU	1
			Subspecialty	2
			Elective	1
PGY - 4	Child Psychiatry Outpatient	3 3	Wards	2
			Subspecialty	2
			Research	1
			Elective	1
PGY - 5	Outpatient Elective	6 2	Wards	1
			Subspecialty	2
			Elective	1

PSYCHIATRY-NEUROLOGY CURRICULUM

	PSYCHIATRY	MONTHS	NEUROLOGY	MONTHS
PGY - 1	Medicine	8	None	
	Inpatient	4		
PGY - 2	Inpatient	4	Wards	6
	Substance Abuse	2		
PGY - 3	Consultation/Liaison	3	Wards	4
	Child Psychiatry	3	Behavioral	2
PGY - 4	Outpatient	6	Consults	6
PGY - 5	Outpatient	6	Child Psychiatry	3
			Consults	3
PGY - 6	Elective	6	Elective	6

