

Residency Application Process

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RELAX

The word "RELAX" is rendered in a bold, sans-serif, 3D block font. Each letter is filled with a vertical rainbow gradient: 'R' is pink to red, 'E' is orange to yellow, 'L' is yellow to green, 'A' is green to blue, and 'X' is blue to purple. The letters are positioned on a dark blue background and cast a white, semi-transparent shadow to their left, creating a sense of depth and perspective.

Common Questions

- 1. I don't know what I want to do?
- 2. Where should I apply?
- 3. Who should I get letters of rec from?
- 4. What's the best program in _____?
- 5. How do I write a CV?
- 6. How do I write a personal statement?
- 7. What's fourth year all about?

Timeline

- Now: what field, what programs, personal statement, CV, letters
- Summer: get letters, sign up for match(NRMP) and ERAS
- Meet with me regarding MSPE
- Late summer: applications
- Fall: Interview
- February: rank lists
- March 19, 2009 is your MATCH day

MSPE

- Letter of *evaluation*
- About 3-4 pages long
- Required by residency programs
- Standard will be sent to you via e-mail

Match programs

- NRMP--main match
- Military match
- San Francisco Match: ophthalmology
- Urology match

I don't know what I want to do.

- Re-read personal statement from medical school applications.
- Speak with peers and classmates.
- Careers in Medicine Website
 - Contact Kornelija Juskaite (kjuskait@tulane.edu)
- Do some soul searching.
- Advisor(s)
- Relax.

Who do I get letters of rec from?

- People MUST know you.
- May need a “Chairman’s Letter”
- Ok to ask now, but officially ask this summer
- Provide letter writers with CV and personal statement

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How do I write my personal statement?

- OK to think about this now.
- WHAT
- WHY
- HOW

How about a CV?

- Standard will be sent to your class via e-mail
- Standard format is chronologic NOT reverse chronologic order.
- OK to start to write this now.

Away rotations?

- Audition
- Check it out
- Visit family, friends, far away places
- Necessary in some more competitive programs

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What programs do I apply to?

- Specialty field
- University, community or military
- Location, location, location
- **GREEN** Book (Frieda)

What's the best program in___?

- Ask upper classmen
- Ask advisors
- Ask me
- Database

Requirements for Graduation

- Typical “third year rotations”
- 1 month sub I (can be done anywhere)
- 1 month ambulatory medicine
- 2 weeks ER, 2 weeks outpatient surgery, 2 weeks radiology (can be done anywhere)
- 5 months “elective”
- 2 months vacation
- All parts of USMLE except Step 3

USMLE

- Have passing scores by rank list time (December for early matches, February for regular match)
- Early match--take by October, regular match--take by December
- Step 2 CS--scheduling gets very tight after winter break!
- Step 1, 2CK, CS required for graduation

Residencies with More Applicants than Spots

- Urology
- Ophthalmology
- Dermatology
- Orthopedic Surgery
- ENT
- Plastic Surgery
- Radiation Oncology

Predictors of Residency Match Success (Highly Competitive Specialties)

- 1. Number of contiguous ranks
- 2. Step 1 Score
- 3. Step 2 Score
- 4. AOA
- 5. PhD degree

Predictors of Residency Match Success for Other Specialties

- 1. Number of contiguous ranks
- 2. Step 2 score
- 3. Step 1 score
- 4. Graduate of top 40 NIH research school
- 5. AOA

Mean Step 1 score by Specialty

- Plastic Surgery 243
- Dermatology 240
- ENT 239
- Family Med 209
- PM & R 208
- Psychiatry 208

Mean Step 2 Score by Specialty

Charting Outcomes in the Match 2007

- Great resource with specialty specific “real” information
- Too big to email (134 pages)
- www.aamc.org Go to Publications section

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